

A woman with dark curly hair, wearing a bright red button-down jacket over a white turtleneck, is smiling warmly. She is wearing clear plastic gloves and holding a white bowl filled with a chunky soup. Her hands are extended towards the bottom of the frame, where two other hands are visible, one on the left and one on the right, reaching towards the bowl. In the background, there is a framed picture of a group of people sitting at a table, and a portion of an American flag is visible on the left side.

**People
HEROES**
IN HARD TIMES

DALE DUNNING, 55

Lewes, Delaware

FEEDING THE HUNGRY

For four years Dale Dunning has woken up at 2 a.m. to cook soup for folks down on their luck. "I want people to know that someone cares," says the minister, who estimates that she's fed more than 50,000 people and spends \$7,000 a year on ingredients with her husband, Ken, a utilities worker. "Dale is so kind," says retired bus driver Lee Bailey, 63. "I'm so thankful."

By Christina Tapper



"This soup symbolizes love," says Dunning (at a Delaware church). Her ministry, Jusst Sooup, with its team of 11 volunteers, prepares and serves 700 quarts of soup a week.



Know a hero? Send suggestions to **HEROESAMONGUS** @PEOPLEMAG.COM